

Did You Know?

Endometriosis may be found in 24% to 50% of women who experience infertility and in more than 20% who have chronic pelvic pain.

Purpose of #HerYellowRibbon

- **To promote** awareness of the chronic illness, through literature, public awareness events, and social media outlets.
- **To promote** annual Gynecologic visits and examinations.
- **To promote** a healthy lifestyle for those living with the condition, and their loved ones.
- **To provide support** for Cherrelle and other women who suffer from ENDometriosis

March is National Endometriosis Awareness Month – Support Us!

March has been declared as the National Awareness Month for Endometriosis! In honor of our month, we will host several awareness events!

March 1 | Kick-Off Event | Greensboro, NC

- Shhh! It's a surprise! HYR will host a surprise Flash Mob in Greensboro, NC!
- We are looking for supporters to join us as Dancers and Spectators!
- Contact us for details!

March 13 | Million Women March for Endometriosis | Washington, DC

• Join us as we march on the National Mall to show international support for Endometriosis fighters and their families!

March 14 | Zumba Party | Silver Spring, MD

- #HerYellowRibbon, in partnership with the Heart of Tabitha Foundation & GapBuster, Inc., will host an evening of fun with our first Zumba Party of the year!
- Join us for an evening of dancing, support and networking!
- Tickets are now on sale for \$5.00!
- The first 20 tickets sold will receive a FREE EndoSupport Wristband!

March 29 | Endo Skate Nite | Raleigh, NC

- It's SKATE NITE! Join us for our Skate Nite Social at United Skates of America!
- Tickets are now on sale for \$15.00!
- The first 15 tickets sold will receive a FREE EndoSupport Wristband!

March 30 | EndoWalk | Raleigh, NC

- Join us at Spring Forest Road Park for a 2mile walk for Endometriosis Awareness!
- Walk will begin at 2pm

EndoShop

The Official #HerYellowRibbon Endo Store will open on March 1st! Did you miss out on purchasing a shirt? The new store will feature #HYR Apparel!

Are You Keeping Up With Us?

Website: www.heryellowribbon.org!

Like us on Facebook!

Follow us InstaGram @HerYellowRibbon

Want To Host An Event With Us?

Email us at heryellowribbon@gmail.com

We thank you for your continued support!

Cherrelle & Martin Lawrence

Monique Pressley Co-Founders of #HerYellow Ribbon Zumba Instructor Board of Directors Co-Chair

Christopher Pressley

Board of Directors

Patricia Williams Board of Directors